

First Sun EAP Benefits Now Standard with CarolinaADVANTAGE Plans

First Sun Employee Assistance Program (EAP) is now a standard benefit on all CarolinaADVANTAGE plans. First Sun EAP is a separate company that does not offer BlueChoice HealthPlan products. These services are administered by First Sun EAP, not BlueChoice HealthPlan. BlueChoice HealthPlan has no responsibility for these services. CarolinaADVANTAGE is BlueChoice HealthPlan's product offering for employer groups with two to 50 employees.

First Sun EAP is the leading provider of employee assistance services in South Carolina. It provides many services that help employees and their families be successful at work and home.

Each year, covered employees and their eligible family members can get three free work-life telephone sessions. They can also get three free face-to-face counseling sessions. Work-life sessions include help with:

- ◆ Legal concerns
- ◆ Eldercare
- ◆ Childcare
- ◆ Adoption
- ◆ School/college planning

Counseling sessions include help with:

- ◆ Depression
- ◆ Stress
- ◆ Anxiety
- ◆ Substance abuse
- ◆ Marital problems
- ◆ Family problems

First Sun EAP also offers valuable services for employers. Human Resources personnel and managers can get consultation and professional training. First Sun can help with underperforming employees, risk management and other workplace concerns.

BlueChoice HealthPlan encourages all employers and employees to take advantage of the services First Sun EAP offers. Contact First Sun EAP at 800-968-8143 or 803-376-2668 in the Greater Columbia area. Or, view services on its Web site at www.FirstSunEAP.com.

