

Working to prevent diabetes can be challenging. It is important that you learn everything you can about managing your diet, exercise and weight to reduce your risk of developing diabetes. Losing weight and regular physical exercise have been shown to delay or prevent Type 2 diabetes. Attending a diabetes education program can help you do this.

You may be eligible to attend a diabetes education program for **FREE\***. You will not need an authorization. The center, however, may need a referral from your personal physician.

If you have any questions about these classes, please call the Great Expectations® **Pre-diabetes** program at 800-327-3183, ext. 25450. In Columbia, please call 803-382-5450.

### Approved Education Programs

#### South Carolina

##### Aiken

**Aiken Regional Medical Center**  
Southside Diabetes Teaching Center  
420 Society Hill Drive, Suite 200  
Aiken, SC 29803  
803-293-0023

##### Allendale

**Allendale County Hospital**  
1787 Allendale Fairfax Highway  
Fairfax, SC 29827  
803-632-3311, ext. 251

##### Anderson

**AnMed Health Diabetes Education**  
2000 E. Greenville Street, Suite 2400  
Anderson, SC 29621  
864-512-4145

##### Value Medical

107 Kiowa Lane  
Piedmont, SC 29673  
800-861-4965

Classes are also offered in  
Walterboro, Moncks Corner,  
Summerville, Beaufort, Hardeeville,  
W. Ashley, Goose Creek, Sumter,  
Florence and Orangeburg.

##### Beaufort

**Beaufort Memorial Hospital**  
989 Ribaut Road, Suite 120  
Beaufort, SC 29902  
843-522-5560

##### Charleston

**Trident Health System**  
9302 Medical Plaza Drive, Suite A  
Charleston, SC 29406  
843-824-5000

**Medical University of SC**  
135 Rutledge Avenue, 7th floor  
Charleston, SC 29425  
843-876-0888

##### University Family Medicine

9228 Medical Plaza Drive  
North Charleston, SC 29406  
843-876-2626

##### Family Medicine Center

295 Calhoun Street  
Charleston, SC 29425  
843-792-3451

##### Roper/St Francis HealthCare

2095 Henry Tecklenburg Drive  
Charleston, SC 29414  
843-402-1099

##### Palmetto Primary Care Physicians

2550 Elms Center Road  
Charleston, SC 29406  
843-820-3409

They also offer classes in Goose  
Creek, Summerville, Bonneau and  
North Charleston.

##### Cherokee

**Upstate Carolina Medical Center**  
1530 North Limestone Street  
Gaffney, SC 29340  
864-487-1629

##### Chesterfield

**Sandhills Health Consultants**  
645 South 7th St.  
McBee, SC 29101  
843-335-8297

##### Darlington

**Sandhills Health Consultants**  
134 West Carolina Avenue  
Hartsville, SC 29550  
843-335-8297

##### Fairfield

**Fairfield Diabetes Education Center**  
116 Highway 321 Bypass North  
Winnsboro, SC 29180  
803-712-6693

\*This applies to most, but not all, members. Please check your Schedule of Benefits.

## Florence

### **McLeod Diabetes Center**

901 East Cheves Street, Suite 250  
Florence, SC 29506  
843-777-2095

### **Carolinas Hospital**

805 Pamplico Highway  
Florence, SC 29501  
843-661-3333

### **Pee Dee Diabetic Consultants**

212 West Main Street  
Lake City, SC 29560  
843-394-3121

## Greenville

### **Bon Secours St. Francis Health System**

2 Innovation Drive  
Greenville, SC 29601  
864-400-3651

### **Greenville Memorial Hospital**

875 West Faris Road  
Greenville, SC 29605  
864-455-4003

### **Internal Medicine Associates**

1025 Verdae Boulevard, Suite A  
Greenville, SC, 29607  
864-242-4683

## Horry

### **Grand Strand Regional Medical Center**

904 Medical Circle  
Myrtle Beach, SC 29572  
843-692-9526

## Kershaw

### **Kershaw County Medical Center**

1315 Roberts Street  
Camden, SC 29020  
803-713-6790

## Lancaster

### **USC-Lancaster Health**

509 Hubbard Drive  
Lancaster, SC 29720  
803-313-7450

## Laurens

### **Laurens County Health System**

200 Plaza Drive, Suite D  
Clinton, SC 29325  
864-833-4800

## Lexington

### **Lexington Medical Center**

2720 Sunset Blvd  
West Columbia, SC 29169  
803-936-8942

## Newberry

Newberry County Memorial  
Hospital - Wellness Center  
2605 Kinard Street, Suite 100  
Newberry, SC 29108  
803-405-7484

## Orangeburg

### **New Beginnings Diabetic & Home Care**

1300 Glen Gloria Road  
Orangeburg, SC 29118  
803-531-3339

### **The Regional Medical Center**

3000 St. Matthews Road  
Orangeburg, SC 29118  
803-395-4045

## Pickens

### **Baptist Easley Hospital**

200 Fleetwood Drive  
Easley, SC 29640  
864-442-7661

## Richland

### **Palmetto Health Baptist**

Taylor at Marion  
Columbia, SC 29220  
803-296-8906

### **Palmetto Health Richland**

9 Richland Medical Park, Suite 305  
Columbia, SC 29203  
803-434-6674

### **Providence Hospital**

2435 Forest Drive  
Columbia, SC 29204  
803-256-5631

## Spartanburg

### **Carolina Center for Diabetes and Endocrinology**

853 N. Church Street, Suite 720C  
Spartanburg, SC 29303  
864-560-6419

## Sumter

### **Sumter Medical Specialists**

635 West Wesmark Blvd  
Sumter, SC 29150  
803-469-7500, ext. 409

## Union

### **Wallace Thomson Hospital**

322 West South Street  
Union, SC, 29379  
864-429-5175

# Georgia

## Richmond

### **University Hospital**

1350 Walton Way  
Augusta, GA 30901  
706-774-5798