

Glucose Monitors

Do you need a glucose monitor?

- ◆ Has your doctor recommended that you test your blood sugar at home?
- ◆ Do you have an old glucose monitor that doesn't work?
- ◆ Do you have a glucose monitor that is not one of our preferred monitors (Accu-Chek^{®1} or One Touch^{®2}), so you are paying a higher copayment for strips?

If you answered “yes” to any of these questions, we can send you a **FREE** glucose monitor!

Call the Great Expectations^{®†} Diabetes program at 1-800-327-3183, extension 25450, or in Columbia at 382-5450 to request your **FREE** monitor.

If you receive pharmacy benefits through BlueChoice[®] HealthPlan, we will cover the supplies for the glucose monitor, both strips and lancets. This is true even if you control your diabetes with pills or diet and exercise.

You will need to get a prescription from your doctor that includes how many strips you will need for a month's supply. Bottles of strips for your glucose monitor contain 50 strips. Your doctor should list how many strips you need for a month's supply, in increments of 50.

You can then receive a one month's supply for the preferred (middle) copayment (the amount varies depending on your plan). The strips for our preferred monitors (Accu-Chek or One Touch) will cost less than strips for other monitors.

Example: If your doctor has suggested you test twice a day, you would need 62 strips for a month's supply. Your doctor should write the prescription for 100 strips to make sure you get enough strips to test every day.

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