

2010 Prescription Drug List (PDL) UPDATES

This information contains key updates to the Prescription Drug List. Please consult the full PDL on our Web site www.BlueChoiceSC.com for more information. Changes are effective **January 1, 2010** unless noted otherwise.

Medications Moving to Preferred (Middle) Copayment

- Savella
- Venlafaxine ER

Step Edits Added (for new users only)

- **Attention Deficit Hyperactivity (ADHD) drugs:** Requires members to try a long-acting generic or preferred brand (Concerta, Metadate CD, or Strattera) before trying Vyvanse.
- **Celebrex:** Requires members to try at least one generic non-steroidal anti-inflammatory drug before Celebrex. **Exception:** Members on therapy for rheumatoid arthritis **or** over age 59 **or** with gastrointestinal disease, such as reflux.
- **Cymbalta/Pristiq:** Requires members to try a generic SSRI/SSNI or a preferred brand (Effexor XR or Lexapro) before trying Cymbalta or Pristiq.
- **Fenofibrates:** Requires members to try a generic fenofibrate before trying preferred brand fenofibrates (Antara, Lipofen, Lofibra, Tricor, TriGlide, Trilipix). **Exception:** The step edit does not apply to Trilipix **if** the member is also taking a statin (cholesterol-lowering) drug.
- **Proton Pump Inhibitors (PPIs):** Requires members to try a generic PPI or preferred brand Nexium before filling a prescription for a non-preferred PPI (Aciphex, Kapidex, Protonix, Prevacid, Prilosec or Zegerid). We continue to cover over-the-counter Prevacid and Prilosec, with a prescription, for a generic copayment.

Prior Authorizations (PAs) Added

(Your doctor needs to call the Prior Authorization department to start the PA process)

- **Nuvigil:** Coverage provided for members with a diagnosis of narcolepsy, multiple sclerosis-related fatigue, persistent sleepiness in obstructive sleep apnea, despite traditional treatments (CPAP, etc.), and sleepiness associated with diagnosed shift work sleep disorder.
- **Zolpimist/Edluar:** For short-term treatment of members who have trouble falling asleep.

Quantity Limits Added

- **Cymbalta:** 20mg – two per day, 30mg – one per day, 60mg – two per day (effective 3/1/10). Also, members may fill a prescription for one 60mg per day and one 30mg per day (to get a daily dose of 90mg per day) for ONE total copayment. Must call plan for override.
- **Effexor:** 37.5mg – one per day.
- **Savella:** Maximum of two per day of any strength.
- **ADHD Drugs:** All ADHD drugs have quantity limits that go along with Food and Drug Administration (FDA)-approved guidelines (effective 3/1/10).
- **Narcotic Pain Meds:** All narcotic pain meds (ex. containing morphine, codeine, oxycodone, hydromorphone, etc) will be limited to specific dose per day limits as per FDA prescribing guidelines (effective 3/1/2010).

Oral Specialty Pharmaceutical Drugs Added

- Fentora
- Hycamtin
- Sucraid
- Votrient