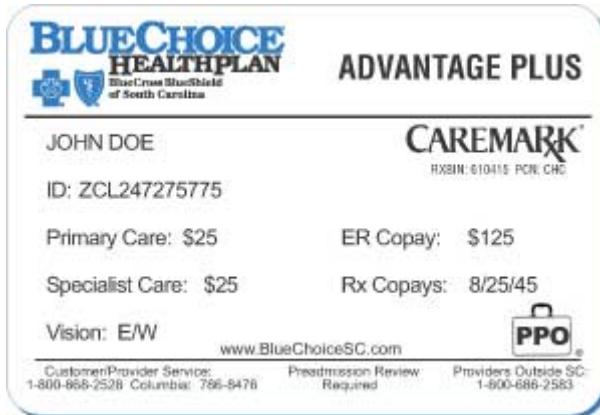


Great Expectations^{®†} Diabetes

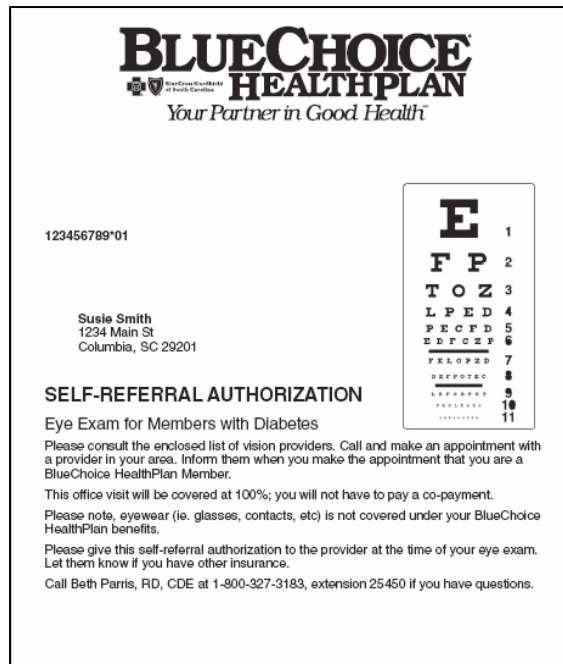
Eye Exams

Diabetes can cause blindness. But early treatment can prevent vision loss! All people with diabetes need to get a dilated eye exam every year.

If you have vision benefits with BlueChoice[®] HealthPlan, you can get an eye exam at one of our vision providers each year for **free!** You can tell if you have vision benefits if it says "VISION E/W" on your ID card. Here's an example:



If you don't have vision benefits with BlueChoice HealthPlan, we can send you a Self-Referral Authorization to help you get the exam. Here's an example:



The Self-Referral Authorization allows you to go to one of our vision providers for a free eye exam, without a referral from your primary care physician.

If you are a member with diabetes and prefer to go to an ophthalmologist who is *not* one of our vision providers, we will still cover the exam. You will need to get a referral from your personal physician, however, you'll need to pay the specialist copayment.

Great Expectations Diabetes is a program of BlueChoice HealthPlan. BlueChoice HealthPlan is a wholly owned subsidiary of BlueCross BlueShield of South Carolina. Both are independent licensees of the Blue Cross and Blue Shield Association.

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