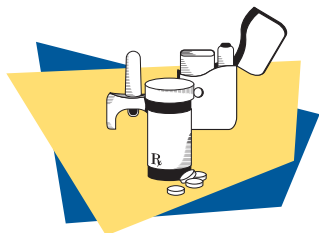


# Migraine Medicines



There are two kinds of medicines to treat migraine. Some work to treat a migraine and some work to prevent a migraine. A good treatment plan can be made just for you based on how often you have migraines and how severe they are.

## Relief Medicines

### What they are...

Relief medicines are taken to treat migraine attacks. Relief medicines should only be taken after a migraine attack starts. They work best when taken at the first sign of pain.

- Migraine-specific medicines work to treat all of your migraine symptoms.
- Talk to your doctor about which medicine is best for you.

### How to take them...

Take your relief medicine at the first sign of pain.

Keep your relief medicine with you so you are ready if a migraine comes without warning.

## Preventive Medicines

### What they are...

Preventive medicines reduce the number and severity of migraine attacks. They are usually used for people who have several migraine attacks each month.

- Preventive medicines are taken every day, even when there is no headache.
- Preventive medicines do not prevent all headaches. You should notice fewer headaches. Your headaches may be less severe.

### How to take them...

Take preventive medicines every day.

Be patient. Preventive medicines take time to start working. Don't stop taking your medicine without talking to your doctor.

## Talking With Your Doctor

Together with your doctor, you can gain control of your migraines. Talk openly with your doctor about headaches and how they affect your daily activities.

### Tell your doctor...

- If your medicine does not seem to be working
- If you notice lasting or unusual side effects
- If you become pregnant, are nursing, or are planning a pregnancy



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This information is not intended as a substitute for professional medical care. Always follow your healthcare provider's instructions.

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