



Get started now!

There are two easy ways to use Blue CareOnDemand. Don't wait until you're sick. Create your account now, so it's ready when you need it.

- From your computer, go to www.BlueCareOnDemandSC.com.
- From your mobile phone or tablet, download the **Blue CareOnDemand** app for your Apple or Android device.



Blue CareOnDemand is not a replacement for your primary care doctor. You should continue scheduling office visits for regular checkups and preventive care. For true emergencies and life-threatening issues, go to the emergency room or call 911.

Visit With a Doctor Anytime, Anywhere

All you need is your computer or smartphone device to see a doctor any time, day or night. During your video visit, the doctor will ask questions, answer questions, diagnose your symptoms and, if appropriate, call in a prescription to your local pharmacy.

What Types of Conditions Can Doctors Treat?

- Cold and flu symptoms
- Bronchitis and other respiratory infections
- Sinus infections
- Pinkeye
- Ear infections
- Allergies
- Migraines
- Rashes and other skin irritations
- Urinary tract infections

Mental Health and Breastfeeding Support services are also available through Blue CareOnDemand.

When Should You Use Video Visits?

- You need to see a doctor, but can't fit it into your schedule.
- Your doctor's office is closed.
- You feel too sick to drive.
- You have children at home and don't want to bring them with you.
- You're on business travel and stuck in a hotel room.

Focus on life. Focus on health. *Stay focused.*



BlueChoice HealthPlan is an independent licensee of the Blue Cross and Blue Shield Association.