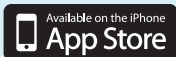


Get started now!

There are two easy ways to use Blue CareOnDemand. Don't wait until you're sick. Create your account now so it's ready when you need it.

- From your computer, go to www.BlueCareOnDemandSC.com.
- From your smartphone or tablet, download the Blue CareOnDemand app for your Apple or Android device.



Blue CareOnDemand is not a replacement for your primary care doctor. You should continue scheduling office visits for regular checkups and preventive care. For true emergencies and life-threatening issues, go to the emergency room or call 911. The cost of Blue CareOnDemand visits varies by visit type and provider selected and is subject to plan benefits.

Visit With a Doctor Anytime, Anywhere

All you need is your computer, tablet or smartphone to see a doctor anytime, day or night. During your video visit, the doctor will ask questions, answer questions, diagnose your symptoms and, if appropriate, call in a prescription to your local pharmacy.

What Types of Conditions Can These Doctors Treat?

- Cold and flu symptoms
- Bronchitis and other respiratory infections
- Sinus infections
- Pinkeye
- Ear infections
- Allergies
- Migraines
- Rashes and other skin irritations
- Urinary tract infections

Mental health and breastfeeding support services are also available through Blue CareOnDemand.

When Should You Use Video Visits?

- You need to see a doctor but can't fit it into your schedule.
- Your doctor's office is closed.
- You feel too sick to drive.
- You have children at home and don't want to bring them with you.
- You're on business travel and stuck in a hotel room.

Focus on life. Focus on health. *Stay focused.*



BlueChoice HealthPlan is an independent licensee of the Blue Cross Blue Shield Association.