# **Breast Cancer Screenings Save Lives**

One in eight women will develop breast cancer in her lifetime, but early detection saves lives. Mammography is the single most effective method to detect breast cancer. Don't delay — breast cancer screenings may save your life. According to the American Cancer Society, recommended mammograms can often help find breast cancer at an early stage, when treatment is most likely to be successful. The American Cancer Society is an independent organization that provides health information on behalf of BlueChoice HealthPlan.



## Ways You Can Help

- Don't wait for Breast Cancer Awareness Month. Encourage your employees to schedule their own screening mammograms on a routine basis.
- Consider coordinating a mammogram mobile unit at your work site. You may need a minimum of 25 women for an on-site unit.
- To schedule a mobile mammography, please contact the mobile unit closest to your work site.

## Columbia Palmetto Health Baptist

803-296-3868 Contact: Kathy Ayen

Lexington
Lexington Medical Center

803-791-2653

Contact: Denise Steele

#### Florence

McLeod Regional Medical Center

843-777-5657

Contact: Johnna Black

### Charleston

**MUSC-Hollings Cancer Center** 

843-792-2485

Contact: Kedron Mullens

#### Greenville

Bon Secours St. Francis Pearlie Harris Center for Breast Health

864-675-4563

Contact: Kimberly Tolsen

Spartanburg

Bearden-Josey Center for

**Breast Health** 

864-560-6400

Contact: Kristy Hun



For general information about mobile mammography unit services, or if you would like to use it or have used it at your worksite, please contact our Wellness department at 803-382-5294.