TAKE MY DISCIPLINATION

MILLION
Americans are
living with asthma.

Many irritants in the air cause breathing issues for those with asthma and other breathing conditions.

SMOKE

has more than 7,000 chemicals and can trigger asthma.

90

9.7 percent of women have asthma, compared to 6.2 percent of men.

COPD
is the sixth-leading cause of death in the U.S.



In the

there are **13 million** missed school days each year due to asthma.

15% of asthma cases are from work-related causes.

Check out the Live Healthy section of www.BlueChoiceSC.com to learn more.

