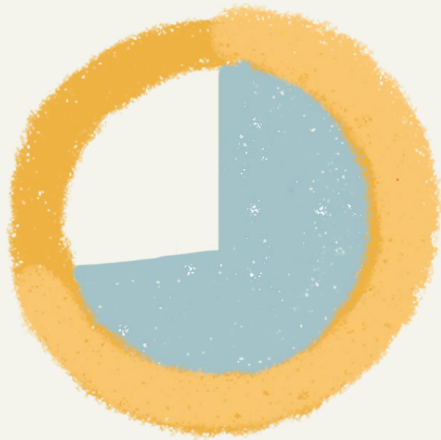


Feeling stressed? You're not alone.



72%

The number of Americans who feel stressed about money



Four out of 5

Americans feel stress at work.



\$300 billion

What employers spend every year on health care and lost workdays due to stress



87%

The number of Americans who say inflation is a significant source of stress



Nearly half

of Americans have trouble sleeping because of stress.

Check out the Live Healthy section of www.BlueChoiceSC.com to learn more.

