


HIT OR MISS?

A high score
doesn't always
mean you win.



Blood glucose monitoring is an important tool for those living with diabetes. Consistently hitting your target range can prevent complications and help you feel better. Making a bull's-eye means your diabetes care plan is keeping the disease under control. If you have trouble reaching your blood glucose goals, talk to your health care team. You may need to change your diabetes care plan.

Check out the Live Healthy section of www.BlueChoiceSC.com.



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