

DON'T

SUGARCOAT

THE RISK OF DIABETES.

The results aren't sweet.

Be sure to eat a healthy diet, get regular exercise, take medication as directed and get your vision checked.



Learn more in the Live Healthy section of www.BlueChoiceSC.com.



BlueChoice HealthPlan is an independent licensee of the Blue Cross Blue Shield Association.

BCHP-215931-12-2022