Independent licensees of the Blue Cross and Blue Shield Association

# **Habilitative and Rehabilitative Frequently Asked Questions**

#### What is the difference between habilitative and rehabilitative care?

Habilitative services help a person keep, learn or improve skills and function for daily living that have not developed.

Rehabilitative services help a person keep, restore or improve skills for daily living that have been lost or impaired after an illness or injury such as a car accident or stroke.

#### Are there benefit limits for these services?

Prior to Jan. 1, 2017, plans had a combined visit maximum for habilitative and rehabilitative care. For dates of service on or after Jan. 1, 2017, applicable plans have a separate benefit maximum of 15 visits for each service.

### Are there specific procedure codes for habilitative services?

The specific procedure codes used for physical therapy, occupational therapy and speech therapy can be applied to both habilitative and rehabilitative care. There is no difference in the actual procedure codes when filing claims.

Physical and Occupational Therapy Codes								
97001 -97006	97024	97116	97537	97750	G0152			
97010	97026	97124	97542	97755	G0157 - G0160			
97012	97028	97139 - 97140	97545 - 97546	97760 - 97762	G8990 - G8995			
97014	97032 - 97036	97150	97597 - 97598	97799	S9129			
97016	97039	97530	97602	4018F				
97018	97110	97532 - 97533	97605 - 97608	G0129				
97022	97112 - 97113	97535	97610	G0151 - G0152				

Speech Therapy Codes								
92507 - 92508	92571	96105	G0161	G9174 - G9176	V5362			
92521 - 92524	92577	96111	G8999	G9186	V5363			
92526	92597	96116	G9158	S9128	4552F			
92555 - 92557	96110	G0153	G9159 - G9164	S9152				

### How do I file claims for these services?

File procedure codes with the SZ modifier when you're billing habilitative services. The SZ modifier distinguishes between habilitative and rehabilitative care. This allows us to apply the correct benefit limit.

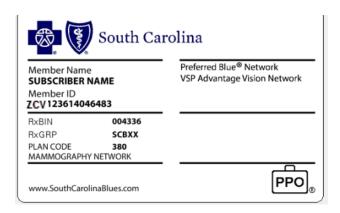
#### Is habilitative care covered by all plans?

Habilitative care is a covered benefit for Affordable Care Act (ACA) plans, as required by the ACA. BlueCross and BlueChoice<sup>®</sup> ACA plans (both individual and small group) have separate benefit limits for habilitative and rehabilitative services.

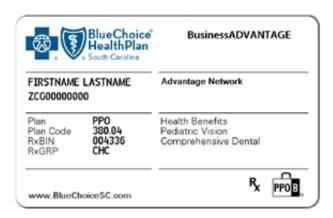
These are the plans that cover habilitative services. Other plans may have benefits for rehabilitative services. Verify eligibility and benefits prior to rendering services.

Here are the alpha prefixes and sample cards for plans that cover both habilitative and rehabilitative services:

### **BlueCross Small Group Plans: ZCV and ZCR**



BlueChoice BusinessADVANTAGE Small Group Plans: ZCG and ZCL. The ZCL prefix is used by several BlueChoice plans. The BusinessADVANTAGE logo indicates this is a small group ACA plan.



## BlueCross BlueEssentials<sup>SM</sup> Plans: ZCF, ZCU and ZCQ



## **BlueChoice Blue Option Plans: ZCJ**

